

Components of Job Training Course of CDPOs/ACDPOs

Duration: 30 Days

Working Days: 26 Days

Batch Size: 25

S. No	Component & Content	Working Days	Working Hours									
			Theory		Class Assignments		Supervised Practice		Observational Visit		Total	
			Hrs.	Mts.	Hrs.	Mts.	Hrs.	Mts.	Hrs.	Mts.	Hrs.	Mts.
A	Defreezing	½	1	30	2	45	0	00	0	00	4	15
B	The Foundation	1 ½	9	30	1	15	0	00	0	00	10	45
C	ICDS Programme	2	13	30	1	30	0	00	0	00	15	00
D	Early Childhood Care & Development	4	15	15	14	45	0	00	0	00	30	00
E	Nutrition & Health	7	27	00	15	00	10	30	0	00	52	30
F	Communication Advocacy and Community Participation	3	16	30	6	00	0	00	0	00	22	30
G	Organisation & Management	4	20	15	9	45	0	00	0	00	30	00
H	Supervised Practice	3	0	00	0	00	22	30	0	00	22	30
I	Evaluation and Concluding	1	7	30	0	00	0	00	0	00	7	30
	Total	26	111	00	51	00	33	00	0	00	195	00
											@ 7.30 Mts.	Per day

- Each Day from 9.00 to 9.15 prayer/Ice Breaking Games/Physical Exercises will be organised.
- The total working hours/day – 7 Hrs. 30 Mts.
- The total working hours are inclusive of time spent on Feedback Sessions or on giving instructions and assignments